



## INFORMATION ABOUT YOUR OBSTETRICAL ULTRASOUND EXAM

### The purpose of the 18 week exam

This is a medical examination to confirm or establish dating of your pregnancy and assess the growth and development. During this 30-45 minute exam the Sonographer must obtain measurements and do a thorough assessment of the baby. This takes a great deal of concentration and we will do our best to answer your questions and explain the scan as we go. We will not be able to answer questions related to exam results or diagnosis. The results will be available to you from your midwife or physician within one week.

**We allow you to bring one adult support person along with you to this exam.** Children are not permitted in the scan room. Occasionally we detect unexpected complications or abnormalities that will require further consultation with our Radiologist.

### The reason for full bladder preparation

We require patients to have a full bladder so we can fully assess the cervix and placenta. Improper preparation may cause a delay in your exam.

### Baby Pictures

We do offer a set of small black and white prints for sale at a cost of \$10.00 at Island Ultrasound.

### 3D/4D Ultrasound

Although we have 3D/4D applications on our systems we are unable to provide 3D pictures to patients. 3D imaging can be a very time consuming process to obtain and process the images. It only adds diagnostic value to the examination for very specific detailed procedures and we limit the use for those purposes.

### Gender of the baby

Routine diagnostic Obstetrical Ultrasound examinations do not include the assessment of fetal gender. This is in compliance with VIHA policy.

### Video equipment, cameras, cellphones etc.

These items are not allowed in the scan room as this is a medical examination.